



Callendar Estate Cycle Trails

Explore more on
two wheels



Photo of Jacob McLean
© James McLean



Our cycle trails are easy family friendly routes through attractive woodland. Each trail has been graded according to its level of difficulty and challenge. Green is easy, blue is moderate and red challenging. It is important that you chose a grade that suits your ability.

Canada Trail 4.1km 30 minutes

An easy graded route suitable for most cyclists. There are no steep hills, just gentle ups and downs which let you flow along. The route takes you through part of the site of the Battle of Falkirk Muir (1746) past Charlie's Stones, where, it is said, Bonnie Prince Charlie stood during the battle. Look out for the optional boardwalk at Howierig which provides a bit of a challenge for those wishing to test their skill level.

Craigieburn Trail 3.4km 30 minutes

A slightly more challenging route with a few gentle hills to work the heart and lungs and a few twisting drops for a bit more adrenaline. The route winds through Craigieburn Wood and returns to the start through Howierig Moss on a shared use path. Please take care where the trail crosses the main road.

Auchingean Trail 7.5km 1 hour

A number of different trails have been developed at Auchingean which are intended to be ridden as an extension to the Craigieburn Trail. Fast flowing downhill sections with berms, rocky technical sections and natural trails provide something for everyone. Auchingean is for more experienced cyclists with a reasonable level of fitness and involves a fairly strenuous climb to the top. The trail includes an opt-in orange route with obligatory gap jumps and is for expert mountain bikers only.

Kilbean Trail 2.3km 30 minute

The Kilbean Trail is accessed via the John Muir Way link path and involves a steady climb followed by an exciting steep descent. To extend the ride follow the farm track past Westerglen Transmitter for 1.8km to join the Auchingean Trail.

Conveniently located at the trail hub and next to the bike park, Greenrig Cycles offers a top quality bike hire service with a range of high-end conventional and electric pedal assist mountain bikes.

For the children we have a selection of Raleigh Performance bikes that are easy to pedal and will bring a lot of smiles to the faces of the young ones. Or why not hire a tag along and take the wee ones further afield.

“Greenrig Cycles
offers a top quality
bike hire service”

Directions

Most visits start at the Greenrig Car park. 3 miles from the centre of Falkirk. From the centre of town follow the road signs for Slamannan. Once on Slamannan Road take the 3rd exit off the mini roundabout on to Lochgreen Road and continue for a mile to the car park. The trails can also be accessed from the Falkirk Wheel and Falkirk High station following the John Muir Way.

Callendar Estate Office,
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www.callendarestate.co.uk



The Cafe@Canada Wood
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Is this right for you? Find the right cross-country single-track trail grade for your abilities

Green / Easy

Suitable for
 Beginner/novice cyclists. Basic bike skills required. Most bikes and hybrids. Some green routes can take trailers

Trail & surface types
 Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. May include short flowing single-track style sections

Gradients & technical trail features (TTF's)
 Climbs and descents are mostly shallow. No challenging features.

Suggested fitness level
 Suitable for most people in good health.

Blue / Moderate

Suitable for
 Intermediate cyclist/mountain bikers with basic off road riding skills. Mountain bikes or hybrids

Trail & surface types
 As "Green" plus specially constructed single track. Trail surface may include small obstacles of roots and rock

Gradients & technical trail features (TTF's)
 Most gradients are moderate but may include short steep sections. Includes small TTF's

Suggested fitness level
 A good standard of fitness can help.

Red / Difficult

Suitable for
 Proficient mountain bikers with good off road riding skills. Suitable for better quality off-road mountain bikes.

Trail & surface types
 Steeper and tougher, mostly single-track with technical sections. Expect very variable surface types.

Gradients & technical trail features (TTF's)
 A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms, large rocks, medium steps, drop-offs, cambers, water crossings.

Suggested fitness level
 Higher level of fitness and stamina.

Black / Severe

Suitable for
 Expert mountain bike users, used to physically demanding routes. Quality off-road mountain bikes.

Trail & surface types
 As "Red" but with an expectation of greater challenge and continuous difficulty. Can include any usable trail and may include exposed open hill sections.

Gradients & technical trail features (TTF's)
 Expect large, committing and unavoidable TTF's. Sections will be challenging and variable. May also have "downhill" style sections.

Suggested fitness level
 Suitable for very active people used to prolonged effort.

Orange / Extreme

Suitable for
 Riders aspiring to an elite level of technical ability, incorporates everything from full downhill riding to big air-jumps.

Trail & surface types
 Severe constructed trails and/or natural features. All sections will be challenging. Includes extreme levels of exposure and or risk. Jumping ability obligatory.

Gradients & technical trail features (TTF's)
 Will include a range of small, medium and large TTF's, including downhill trails and mandatory jumps.

Suggested fitness level
 A good standard of fitness but technical skills more important.

Mountain biking is a potentially hazardous activity carrying a significant risk.

It should only be undertaken with a full understanding of all inherent risks.

These guidelines must always be used in conjunction with the exercise of your own experience, intuition and careful judgement.